English Teaching Research from the Perspective of Constructivism

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Abstract: College English learning is very important. A good English level can greatly help students' employment and become a stepping stone for students to find a job. At the same time, students can also use English to carry out certain studies and acquire more knowledge. Therefore, in order to better promote the improvement of college English teaching quality, it is necessary to effectively analyze its existing problems, and then achieve the improvement of students' English proficiency. This article first elaborates on the concept of constructivism, then analyzes the problems in college English teaching, and finally proposes college English teaching strategies from the perspective of constructivism, including establishing a correct view of knowledge, establishing a scientific view of learning, and identifying teachers themselves Positioning and creating an effective learning environment. The aim is to make better use of the educational theory of constructivism and promote the further improvement of the quality of college English teaching.

1. Introduction

Constructivism is a very effective learning theory, which can better enable students to better acquire and use knowledge, thereby effectively improving learning efficiency. In terms of college English teaching, teachers should apply constructivist theory more, so as to better realize the improvement of college English teaching effectiveness. So how should the theoretical application of constructivism be applied in college English teaching? Let us work together to explore and analyze.

2. Overview of Constructivism

Constructivism refers to a very good learning philosophy, which further strengthens the importance of learners in the entire learning. Active learning is required to achieve the improvement of learning effects, which can form a certain learning experience and let the whole The learning process becomes more effective and the learning effect is improved. This kind of learning philosophy pays more attention to the cognitive ability of learners. Only by improving the cognitive ability can it be better integrated with learning activities and effectively achieve the improvement of learning effects. Then we need to understand the learning methods among them, what is learning, can better guide students under the guidance of teachers, let students become the center of learning, so as to better enable students to take the initiative to develop knowledge and concepts At the same time, construction also needs to construct the meaning of learning, and effectively play the main role of students in the learning process, so as to be able to explore knowledge. In this process, students' interest should also be stimulated, so that students can form an effective winter for learning, so that they can change from passive learning to active learning and make the overall learning effect better [1].

3. Problems in College English Teaching

3.1 Teachers Lack Correct Teaching Concepts

In the current college English teaching, teachers lack correct teaching concepts. Many university teachers will regard themselves as the protagonist in the classroom, making students' learning

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boring. All English knowledge is instilled in, but teachers will not understand the students' knowledge absorption, which will lead to students' learning. The learning effect is not very good. Moreover, teachers did not let students become the main characters in the classroom, which led to the upside-down of college English classroom teaching and failed to achieve effective training for students.

3.2 Students Lack Correct Learning Concepts

Many students lack correct English learning concepts and do not have good self-control ability. They are affected by their previous learning habits and rely on teachers relatively strongly, and everything needs to rely on teachers to deliver knowledge. However, the English teaching in the university is different from the teaching methods. Teachers will not give students too much homework, and the students' learning pressure is very small. If the students do not form a certain English learning concept, Then it will cause their own English learning to be greatly affected, and the improvement of English proficiency will not be achieved.

3.3 Old English Classroom Teaching Methods

Many English teachers in colleges and universities still use the previous teaching methods in classroom teaching. The teaching form is relatively simple, and they only carry out certain translation and grammar explanations for the English texts in the classroom. Occasionally, students are asked to read and recite texts. Although these methods can also play a certain role in teaching, they have been eliminated by the times, cannot meet the development of the new era, and cannot achieve the improvement of students' English literacy. However, many teachers will not learn new ideas, which will cause great obstacles to students' learning and growth.

3.4 Lack of a Good English Learning Environment

A good English learning environment is very helpful to college students' English learning. This learning environment does not refer to the campus environment, but a soft environment for English learning. The English learning environment needs teachers to create, so as to encourage students to learn English better. However, many teachers will not pay attention to the research and implementation of this aspect, which will cause great obstacles to students' English learning and their own growth.

4. College English Teaching Strategies from the Perspective of Constructivism

4.1 Establish a Correct View of Knowledge

In order to better help students to develop themselves, teachers need to apply constructivist theory. Then we need to help students establish a correct view of knowledge. Knowledge view refers to a symbolic representation formed by students of English knowledge. This knowledge view is not a result, but a process. By guiding the students' view of knowledge, students can better use relevant learning methods in English learning, so that they can effectively establish a framework for English knowledge, so that they can solve problems functionally. Knowledge concept is more of the learning philosophy of the language of English, understanding the meaning of English learning, so as to help students achieve the improvement of learning efficiency. Teachers can give some thought guidance to students in daily English teaching. The purpose of English learning is to apply, so they should be trained in the application. Although the teacher does not lead the students to train, the students can learn and train on their own, So as to be able to continuously improve their English proficiency. Constructivism is mainly to make students become more active in English learning, so that they can better improve their English proficiency.

4.2 Establish a Scientific View of Learning

Under the ideological theory of constructivism, teachers should also cultivate students' correct learning concepts. English learning is not just a simple acceptance of knowledge, but the ability to transform what the teacher teaches into one's own ability, so that the learning can be truly

completed. Moreover, students should also have a positive English learning concept. English learning cannot rely on teachers, but more on the students themselves. When students have such a learning concept, they will become more active in English learning in the future, rather than Waiting for teachers to teach knowledge, this will make students' English learning more active, and effectively promote the rapid improvement of students' English level.

4.3 Determine the Teacher's Own Position

In order to better improve the level of college English teaching, teachers should also pay attention to their own role positioning in English teaching. Constructivism requires students to be the main body in the classroom, so teachers should act as the guides for students. Through teachers' guidance, students can better establish their learning concepts and knowledge concepts, so that students can learn in college English in the future. Become more active in learning, so as to promote the improvement of college English teaching quality [2].

4.4 Create an Effective Learning Environment

A good college English study should have a very good learning environment, which is very important to students' English learning. Teachers should use their own efforts to promote the enthusiasm of college students in English learning, so that the entire classroom becomes more atmospheric, so as to better mobilize students' learning emotions, improve learning efficiency, and use a variety of teaching methods, especially Teaching methods that enable students to actively participate, such as student cooperative learning, student English communication, etc., to achieve teaching reform.

5. Conclusion

In summary, constructivism plays a very important role in the English learning of college students. It can better provide effective theoretical support for college English teaching, which can greatly promote the improvement of students' small labor in English learning. The ability to use constructivist ideas to reform college English teaching, pay more attention to students' participation in it, and help students to improve their English learning effects through the construction of their own knowledge and learning perspectives. Teachers should also find their own teaching classroom positioning to help students create a good learning environment and promote the improvement of teaching effects.

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